

**UNITE
FOR
GOOD**

Rotary
Club of
**ORGAN DONATION
INTERNATIONAL**



**LET'S
INSPIRE !**

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NEW STEP

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INTERNATIONAL**

**LET'S
INSPIRE !**

ROTARY CLUB OF ORGAN DONATION INTERNATIONAL

**IMPACT OF OBESITY & DIABETES
ON ORGANS : CHALLENGES & REMEDIES**



Rtn PHF Ritika Gupta
Inspire President
Rotary Club of
Organ Donation International



Rtn Lal Goel
Founder & Charter President
Rotary Club of
Organ Donation International



Rtn Dr Ramen Goel
FRCS, MS
President
Diabetes Surgery Foundation
Director
Centre of Excellence in Diabetes
& Bariatric Surgery
Mumbai

Rtn Ruby Agarwal
Inspire Secretary

Rtn PHF Dr Rohan S Monis
Medical Director

Time & Date: 8 PM on Sunday 20th July 2025

Watch live on <https://www.youtube.com/@gyan8932>

**IT IS NOT AGAINST YOUR RELIGION
TO BE AN ORGAN DONOR
DONATE ORGANS**

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BY INSPIRE SECRETARY RTN RUBY AGARWAL FOR ROTARY CLUB OF
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NEW STEP

FROM THE DESK OF CHIEF MANAGING EDITOR



Dear Fellow Rotarians and Esteemed Members,

It is with immense pride and satisfaction that I present to you the 3rd issue of New Step, our dedicated bulletin for the Rotary Club of Organ Donation International. This issue celebrates two remarkable milestones in our ongoing mission to create widespread organ donation awareness—the successful projects conducted on July 12th and 16th, 2025, in Mumbai.

I encourage each of you to organise similar awareness programs in your respective cities. Your local initiatives are the backbone of our global mission. Please do share your photographs, reports, and experiences with us—your stories deserve to be told and will inspire others through the pages of New Step.

This issue features a special addition: a thoughtfully crafted Multiple-Choice Question (MCQ) series on Organ Donation, developed by our talented Rotractor Ashita Yadav. This interactive element will help test and enhance your knowledge while making learning engaging and accessible.

I extend an open invitation to all our members and supporters to contribute articles, insights, experiences, and research related to organ donation. Your unique perspectives and expertise enrich our publication and strengthen our collective voice. Whether you're sharing a personal story, medical insights, or community impact data, your contributions help us build a comprehensive resource for organ donation awareness.

This week, our “Interesting Facts About Our Members” section shines a spotlight on our dedicated Inspire Treasurer, whose commitment to our cause continues to drive our organisational success.

As we move forward, let us remember the profound truth that guides our work: **ONLY A LIFE LIVED FOR OTHERS IS A LIFE WORTH LIVING.** These words by Albert Einstein remind us that our efforts in organ donation awareness are not just about medical procedures or statistics—they're about the fundamental human connection that makes life meaningful.

Together, we are not just members of a club; we are ambassadors of hope, champions of life, and architects of a more compassionate world. Let us continue this noble journey with renewed vigour and unwavering dedication.

Yours in Rotary,

IPP Rtn Lal Goel
Chief Managing Editor
Founder & Charter President
Rotary Club of Organ Donation International

ROTARIAN LAL GOEL CHAMPIONS ORGAN DONATION AWARENESS AT MUMBAI SCHOOL



Mumbai, July 12, 2025 – Rotarian Lal Goel, Founder and Charter President of the Rotary Club of Organ Donation International and Chairman of Organ Donation India Foundation & GYAN, delivered an inspiring talk on organ donation awareness at Shivaji Vidyalaya, Parel, Mumbai.

Collaborative Initiative for Life-Saving Cause

The educational program was jointly organised by the Rotary Club of Bombay Queen City and the Rotary Club of Organ Donation International. The event brought together students, teachers, and fellow Rotarians to raise awareness about the critical importance of organ donation in India.

Addressing India's Healthcare Crisis

In his compelling address, Rotarian Lal Goel highlighted a significant challenge facing India's healthcare system: the urgent need for families of brain-dead patients to consider organ donation. He made a passionate appeal to the younger generation to step forward and support this life-saving cause.

"The gap between organ availability and demand in India is enormous," Goel emphasised during his presentation. "We need the next generation to understand that organ donation is not just a medical procedure—it's an act of humanity that can save multiple lives."

Distinguished Participation

The program drew notable participation from several distinguished Rotarians from the Rotary Club of Bombay Queen City, including President Rtn Dr Shyam Singhanian, First Lady Sadhna Singhanian, PDG Rtn Dr Rajendra Agrawal, Secretary & President-Elect Rtn Hiren Gosalia, Ms Mala Gosalia, PP Rtn Anupurna Jalan, Mr Mahesh Jalan, Rtn Arun Mittal, Rtn Adv Vinay Khandelwal, Rtn Pawan Surekha & Santosh Surekha.

Also present were Rtn Ruby Agarwal, Secretary of Rotary Club of Organ Donation International, and Mr Adhiraj Lokegaonkar, CEO of Shivaji Vidyalaya.

President Rtn Shyam Singhanian presided over the program, which was skillfully conducted by PP Rtn Anupurna Jalan. The vote of thanks was delivered by Secretary & President-Elect Rtn Hiren Gosalia.

Commitment to Continued Awareness

The program concluded with Rotarian Lal Goel presenting Rotary Club of Organ Donation International flags to Rtn Shyam Singhanian and School CEO Mr Adhiraj Lokegaonkar, symbolising their commitment to continue spreading awareness about organ donation.

The program successfully engaged a large audience of students and teachers from Shivaji Vidyalaya, contributing to the broader mission of creating awareness about organ donation across educational institutions in Mumbai.



(Pledge your Organs to donate only after talking to your family members)

ROTARIAN LAL GOEL CALLS FOR CORPORATE INVESTMENT IN ORGAN RETRIEVAL INFRASTRUCTURE



Mumbai, July 16, 2025 – Rotarian Lal Goel, Founder and Charter President of the Rotary Club of Organ Donation International, has issued a compelling call to action for Indian corporations to allocate their Corporate Social Responsibility (CSR) funds toward establishing organ retrieval centres in underserved regions across the country.

Speaking at a conference on “The Role of Corporates in Organ Donation,” jointly organised by Omkara Assets Reconstruction Pvt Ltd, Acaipl Investment & Financial Services Pvt Ltd, and the Rotary Club of Organ Donation International, Goel emphasised the critical infrastructure gap that continues to hamper organ donation efforts nationwide.

Critical Infrastructure Gap

As Chairman of the Organ Donation India Foundation & GYAN, Rotarian Lal Goel highlighted the urgent need for organ retrieval facilities in areas currently lacking such life-saving infrastructure. “The mortality rate remains alarmingly high in India due to organ unavailability,” he stated, urging corporate employees to champion organ donation awareness initiatives within their families and society.

Conference Highlights

The event opened with a welcome address by Mr V V S Ravindra, CEO of Omkara ARC, who expressed hope that the conference would enhance understanding of organ donation's vital importance. Rotarian Ramnath Pradeep, CSR Chair of RC Organ Donation, provided foundational insights into organ donation processes, while Inspire Secretary Rotarian Ruby Agarwal shared the inspiring story behind the formation of the Rotary Club of Organ Donation International.

AVP Jigar Jain introduced the Chief Guest & Keynote Speaker, highlighting Rotarian Lal Goel's pioneering work in organ donation advocacy.

Breaking Down Barriers

Addressing common misconceptions, Rotarian Lal Goel emphasised that no major religion opposes organ donation, seeking to dispel cultural and religious barriers that may prevent people from becoming donors. This clarification is crucial for expanding India's donor base and saving more lives.

Corporate Leadership Opportunity

The program, expertly conducted by Assistant Vice President Jigar Jain and CA Ayush Agarwal.

Rotarian Lal Goel extended special thanks to Mr Manish Lalwani, Founder of Areion Group, and Mr Sandeep Goyal, Vice President of Omkara ARC, for their leadership in organising the impactful conference.

The conference was attended by the CFO Mr Vipul Patel, Rtn Dinesh Gupta and a large number of Areion Group employees, demonstrating corporate engagement in this vital cause.



MCQS ON ORGAN DONATION

-Rtr Ashita Yadav

Question 1

What is the primary purpose of organ donation?

- A) To conduct medical research
- B) To provide organs for transplantation to save lives
- C) To educate the public about organ health
- D) To raise funds for medical charities

Question 2

Which of the following organs cannot be donated by a living donor?

- A) Heart
- B) Lung
- C) Liver
- D) Pancreas

Question 3

What is the minimum age limit for living organ donation in India?

- A) 18 years old
- B) 21 years old
- C) There is no age limit
- D) 65 years old

Question 4

Which organisation maintains the national transplant waiting list in India?

- A) Indian Organ Donation Authority (IODA)
- B) State Organ and Tissue Transplant Organisation (SOTTO)
- C) National Organ and Tissue Transplant Organisation (NOTTO)
- D) Regional Organ and Tissue Transplant Organisation (ROTTO)

Question 5

What is the most common type of organ transplant?

- A) Heart transplant
- B) Lung transplant
- C) Liver transplant
- D) Kidney transplant

Question 6

Can individuals with certain medical conditions donate organs?

- A) No
- B) Yes, depending on the condition
- C) Only if they are under 40 years old
- D) Only if they are over 60 years old

Question 7

How can individuals register to become organ donors?

- A) Through their driver's license application
- B) Through a national registry
- C) Through certain NGO's
- D) All of the above

Question 8

What is the process of retrieving organs from a deceased donor called?

- A) Retrieval
- B) Donation
- C) Transplantation
- D) Allocation

Answers Q1.B, Q2.A, Q3.A, Q4.C, Q5.D, Q6.B, Q7.D, Q8.A

NEW STEP



Rtn Kumarpal A Shah
Inspire Treasurer

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Profession: Real Estate, Project finance

Family: Parul, Boskie, Neelam, Priyanka

Favourite Food: Indian & Mexican

Favourite Holiday Destination: India, Hawaii & Switzerland

Favourite Book: 'Aatma ki Khoj'

Favourite Song: Retro Indian Music

Favourite Quote:

'Walk together, talk together, act with one mind'

Date of Birth: 8th November

Wedding Anniversary: 12th March

Social media: LinkedIn, Instagram, Facebook

Why did you choose to become a member of RC

Organ Donation International:

It's addressing the core purpose of our lives to serve without any expectations to the most neediest as human being! The god give us everything, but what can we do in return?



(Kumarpal, Parul, Priyanka, Neelam & Boskie)